

Household spending, January 2026

Source: Australian Bureau of Statistics, *Monthly Household Spending Indicator*, released 05 March 2026, 10:30 am (AEST)

Key data

Monthly change (seasonally adjusted):

Queensland.....↑ 0.1%

Australia↑ 0.3%

Annual change (seasonally adjusted):

Queensland.....↑ 5.6%

Australia↑ 4.6%

Main findings

Note: Commentary on spending estimates are based on seasonally adjusted nominal values unless otherwise stated.

- In seasonally adjusted terms, Queensland’s household spending increased 0.1% in January 2026. Australia’s household spending increased 0.3% over the month.
- The seasonally adjusted value of Queensland’s household spending increased 5.6% over the year, from \$15,522.1 million in January 2025 to \$16,386.2 million in January 2026. Australia’s household spending increased 4.6% over the year.
- In seasonally adjusted terms, Queensland recorded the third-largest growth in household spending over the year to January 2026 of all states and territories (5.6%). Western Australia recorded the largest growth (6.8%) (Figure 1).
- Seasonally adjusted household spending in Queensland on discretionary items in January 2026 increased 5.8% over the year. Household spending on essential (non-discretionary items) increased 5.2% over the same period (Figure 2).
- In seasonally adjusted terms, 'Recreation and culture' recorded the largest contribution to household spending growth in Queensland over the year to January 2026 (1.30 percentage points). 'Recreation and culture' recorded the largest contribution to household spending growth in Australia over the year (1.08 percentage points) (Figure 3).

Figure 1 Annual change in household spending, January 2026

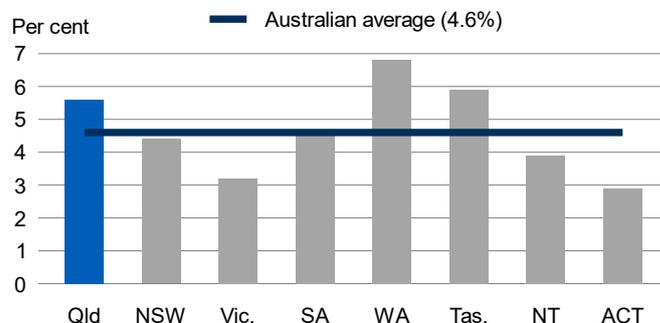


Figure 2 Annual change in discretionary and essential household spending, Queensland

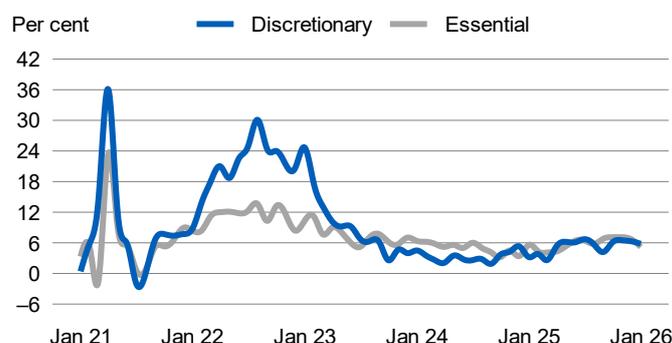
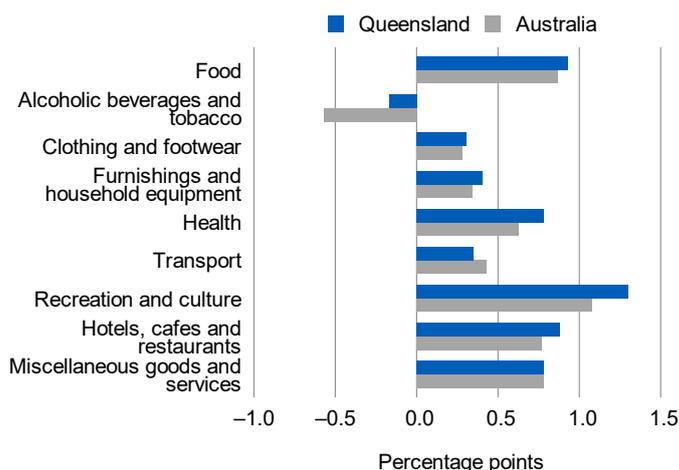


Figure 3 Annual household spending contribution to growth by category, January 2026



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